

OILY SKINCARE REGIMEN

- Wash the face and neck with BelleDerm™ Salicylic Facial Wash, avoiding the immediate eye area. Let dry completely. Repeat this morning and night.
- Once a week, use the BelleDerm™ Exfoliating Crystal Scrub. Using your fingertips, gently rub one the skin up from the neck and out to the hairline. For oilier skin, this step can be performed twice a week.
- Follow with BelleDerm™ Gentle Toner, applied with a cotton ball all over the face and neck.
- For once a week treatment, use the BelleDerm™ Salicylic Cellular Treatment. Apply the treatment to a dry face and neck, avoiding the immediate eye area. For oilier skin, this step can be performed twice a week.
- With the ring or pinky finger, apply a small amount of BelleDerm™ Intensive Eye Creme all around the eye and eyelid. Due to the texture of this product, this may be preferred as a nightly treatment.
- To moisturize, BelleDerm™ Extra Gentle Hydration Lotion may be used day and night, if this is not enough moisture, BelleDerm™ Vitamin Infusion Lotion can also be used as a moisturizer.
- Always use a sunscreen with at least an SPF 15.
- Medical microdermabrasions are recommended at 1 to 2 week intervals.