

PATIENT FAQs

HARMONY SKIN REJUVENATION

How does the Harmony rejuvenate my skin?

The Harmony uses gentle light to restore skin to a more youthful state. Brown spots (pigmented imperfections) from sun damage and aging, red blotchiness from spider vessels or rosacea (vascular imperfections), and rough skin texture will improve over a treatment series.

Is treatment with the Harmony safe?

Treatment is very safe for the skin. There are many advances in the Harmony technology that make it unparalleled for skin safety, without compromising effectiveness for treatment. There are no long term health hazards from light used in the Harmony. Both have been used for decades in medicine, surgery, and aesthetics without adversity.

What kind of results can I expect from Harmony treatment?

Each Harmony treatment will result in gradual lightening and improvement of pigmented and vascular imperfections. Textural improvements are appreciated towards the end of the treatment series.

How frequently do I need treatments?

Treatments are repeated every month for a total of 5 treatments.

Does the treatment hurt?

The sensation is often described as “hot pinch”, or “snapping” feeling. The sensation only lasts for fraction of a second, and you may feel warmth or a tingling sensation for a short time afterward. Most people tolerate treatment without topical anaesthetic, but individuals who are more sensitive may prefer to have the skin numbed before treatment.

What happens after each treatment?

Temporary pinkness in the skin lasts a very short time, and most people return to work or normal activities immediately after treatment. The improvement in pigmented and vascular irregularities can often be appreciated by the time you return for your next treatment a month later. Brown spots temporarily go darker before they lighten.

Who should get Harmony treatment for Skin Rejuvenation?

Anyone who wants to improve the signs of sun damage and aging in the skin, such as pigmented and vascular irregularities, uneven or rough skin texture. Skin rejuvenation can be done on face, neck, chest, hands, arms. Discuss your candidacy for this treatment with your Harmony clinician.